



Be Ready for Emergencies and Disasters! Pack enough items to be self-sufficient for at least three days if not longer. Below are ideas for building your own Emergency Kit.

Essentials:

- Water (1 gallon per person per day)
- First aid kit completely stocked
- Non-perishable foods
- Can opener (manual, non-electric)
- Sleeping bags/blankets/pillows
- Portable am/fm radio, flashlight and batteries for both
- Essential medications
- Eyeglasses
- Keys
- Emergency Contact List (Family, Friends, Physician)
- Fire extinguisher (ABC type)
- Cash and wallet/purse/important documents (deed, birth certificate, social security cards, IDs, homeowner's insurance, lease agreement)
- Pet supplies (water, food, bowls, collar, harness, leash, medication)
- Baby supplies (diapers, wipes, formula, clothing, etc...)
- Paper plates, cups and plastic ware & aluminum foil

Sanitation:

- Trash bags to use as a rain poncho, as a tarp or to use for waste
- Trash can (large or small)
- Soap bar and liquid soap
- Toothpaste and toothbrush
- Shampoo
- Toilet paper & paper towels
- Feminine products
- Cleaning/disinfectant wipes